

# Seal Speak



## Results

**Women:** Lost again this week to City Beach 2, 5-3 or thereabouts. With only 7 players, one who was not at her full health and one who was playing her 2nd game for many years we dearly missed our Denise, Kristie, Mel and Ashley. Despite setting up the 'D' in most attacks, feeding the ball in from the right, and everyone putting in a great effort, we lost simply because we failed to score off our numerous shots. Janet got two goals, and Erin got 1. Fortunately we're still in finals contention.

**Men:** Won 6 or 7 to 10. Dan scored 3 goals and Ben scored 4, the new John bloke did a good job for someone that hasn't played in awhile. Great first game by Carlos our Spanish friend. The passing really wasn't up to scratch, but apart from that we held a tight defense.

**Masters:** Somerset Sluggers 4 v City Beach 8. Best and Fairest: Rod Beed who scored 2 goals. Once again Somerset took a beating from City Beach. The difference occurred during the 2nd half. Up to half time the score was 2-2 Somerset having taken a 2 goal lead in the 1st quarter thanks to Ron Beed. Once again the City Beach strength won the day. Somerset are now beginning to play like a team let's hope the progress continues and we make the finals. ☺

## Fixture this week: Round 15

- Somerset Sluggers vs Melville : UWA court 1, 7pm Tuesday 16th February.
- Somerset Div 1 Women Starlets vs Dolphins 2: Somerset Pool, 7:15pm, Wed 17th February.
- Somerset Div 2 Men vs Melville Sharks: Somerset Pool. 8pm, Wed 17th February.

### Did you know?

Calories burned in water polo = 700 cal/hr  
Assuming a body weight of 70kg

This is approximately equivalent to the following food amounts:

1 McDonald's Big Mac with cheese

8.9 standard glasses of wine

2.6 snickers bars

3.4 cans of coca-cola

23.3 carrots

Eat your heart out, especially if you like carrots.

Available for purchase from  
the fridge in the  
Somerset Seals club rooms  
Your honesty is appreciated.

Please recycle.

Powerade: \$2.50

Water: \$1.50

Wine: \$2.00

Beer: \$2.50-\$3.00

Soft Drinks: \$1.50

**Name:** Dennis Leslie Altria

**Nickname:** Disco Dennis

**Born:** Tottenham, London

**Age group:** 65 .

## Player Profile

THEN



NOW

**Occupation:** Chartered Instrument Engineer. Fellow of the Institute of Engineers

**Years playing water polo:** 25 years (Did not start until aged 40)

**Favourite position in water polo:** Sub for Masters (More water time the better)

**Exotic places travelled:** All around Europe. Don't forget for a young Englishman Perth and Sydney were regarded as exotic and exciting

**Dennis says:** I enjoyed the Bunbury Disco scene even though dancing with the Zimmer frame was difficult.-). .