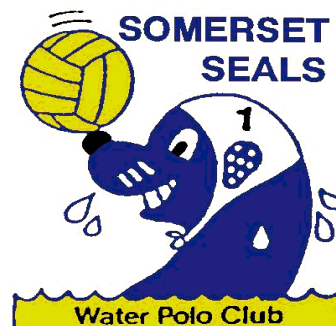


Seal Speak



Results

Women: Won 7-6 in a thrilling, exciting, amazing comeback win against everyone's rivals, Melville. Vying for top spot on the ladder half way through the season Somerset had a less than ordinary start and were 4-1 down at half time, Karlee proving to be the only one with the ability to find the net. A couple of minutes to clear our heads, and a fine chat from the coach at half time saw two late goals in the 3rd quarter to make us 6-3 down. Strong defense (more proof that defense is the key to attack) and a having good god damn go provided an exciting final quarter, our winning goal scored with about 45 seconds to go. Denise starred scoring most of the goals, though it was also very handy to have Janet's experience and cool head back in the pool (she's been away). Most importantly everyone put in an awesome effort, and didn't ever give up. Well done girls, now lets train hard to stay top of the ladder.

Men: Had a bye, but also had a good turnout to watch the girls match. Thanks for your support fellas.

Masters: defeated by Melville 6-13. Melville gave Somerset a hard & physical game this week. Somerset, however, played their usual fair game which possibly contributed to their downfall. Best players were Max Henson and Gary Payne. Henry tried valiantly to coach the team to success and we must thank him for his enthusiastic efforts.

Fixture this week: Round 9

- Somerset Sluggers vs Dolphins : UWA court 1, 7pm Tuesday 15th December.
- Somerset Div 1 Women Starlets vs. City Beach 1: Somerset Pool, 7:15pm Wed 16th December.
- Somerset Div 2 Men vs Melville Gimps: Somerset Pool, 8pm Wed 16th December

Christmas break + important dates:

- This week Round 10 matches—over half way through the season.
- 25th December: Christmas day, remember to keep up the swimming that week
- 27th-30th December, Tom Hoad Cup, Bicton Pool. Go to www.tomhoadcup.com for tickets.
- 10-11th January, ? Weekend tournament vs Bunbury etc. This will be confirmed this week and we'll let you know.
- 11th and 12th January, training recommences, unless your team has decided otherwise.
- 13th and 14th January, first matches for 2010.

Hot tips for extra man attack for your game this week, from Coach Mark

1. Legs working hard, sit high out of water
2. Facing goals with hips
3. Looking to shoot quickly or pass to someone who can
4. Don't baulk too many times
5. Pass and move a little in top positions
6. Be willing to move in and shoot if they leave you unmarked up top
7. Look to posts to see if they are on to shoot

player profile



Club President and Men's Coach

Name: Chris Morris

Nickname: Moe

Age: 20

Born: Mount Lawley, Perth

Job/study: Bachelor of Environmental Science, Bachelor of Education

Years playing water polo: Too Many Years!!! Same as Ben Swanson, so I think about 11 years. (Not sure if the Masters team will consider that too many years).

Favourite position in water polo: Shooter

Typical Saturday: Water Polo Coaching in the morning, Tennis in the afternoon, and then drinks in the evening

Places travelled: Hmm... Germany, Turkey, Poland, Singapore, Malaysia, Thailand, Indonesia, UK, Ireland and all around Australia.

Did you know Chris plays the Tuba?